

Mount Pleasant Ophthalmology
DISEASES AND SURGERY OF THE EYE

What to do after your cataract surgery

MEDICATIONS: The hospital may substitute generics for the following eye drops.

PRED FORTE 1% - one drop in the operated eye every 4 hours while awake

OCUFLOX - one drop in the operated eye every 4 hours while awake

TIMOPTIC - one drop 5 hours after the surgery

1. Continue to wear the protective shield over your eye whenever you are sleeping or do not have your glasses on.
2. Clean your eye carefully each morning with a clean gauze or cotton ball until your eye no longer is making mucous.
3. You may pull the shield back to put your drops in and replace the tape carefully.
4. You should resume all medications that you were using prior to going to the hospital.
5. Strenuous activity should be avoided for the first week following surgery. A good rule to remember is keep your head above your heart.
6. Care should be taken to avoid sleeping with pressure on the operated eye.
7. Squat rather than lean over to pick up objects from the floor.
8. You should have no severe pain at home after surgery. If your eye hurts, tears, or becomes particularly red, do not hesitate to call me.
9. Please remember to bring this sheet, as well as all of your eye medications, to the office when you come for your post-operative check ups.

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1. Resume all the medications that you were taking prior to surgery unless the doctor indicates otherwise.
2. you may take 2 Tylenol tablets every 4 hours on the day of your surgery if needed.
3. Keep the protective shield over your eye; remove slightly to put in your post-operative drops, (see POST-OPERATIVE instructions). Place your shield on once you have taken the drops. A little drainage from the eye is normal.
4. Come to the doctor's office the day after your surgery for your first post-operative appointment. Bring your eye-care kit.

IF YOU HAVE ANY QUESTIONS, PLEASE DO NOT HESITATE TO CALL US

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